



Kids' Garden & Nutrition Program

*Planting the seeds for healthy habits
to last a lifetime!*

2 Fun, 9-Week Session Options:

Wednesday Mornings

For kids
finishing 1st grade through 3rd grade

9 a.m. to 10:30 a.m.

Starting Wednesday, June 15

Thursday Mornings

For kids
finishing 3rd grade through 5th grade

9 a.m. to 10:30 a.m.

Starting Wednesday, June 16

Children are encouraged to try new foods (our challenge), get dirty in the garden (shouldn't be too hard), and practice their observation skills while they garden and cook.

Where: Christ Church Presbyterian, 2000 First Ave. NW

Cost: \$10 season pass. Attend as many sessions as you like. Scholarships available. Hy-Vee is sponsoring the program with volunteer support from Christ Church Presbyterian and a grant from Hy-Vee's One Step program.

How to register: Registration on-line at hy-vee.com, Cedar Rapids no. 1, events or link from this page. Or stop by Customer Service at Johnson Ave. Hy-Vee, 1843 Johnson Ave. NW.

Questions? Contact Hy-Vee dietitian, Judy Fitzgibbons. 319-365-0477
or email jfitzgibbons@hy-vee.com

EVENT WAIVER AND RELEASE



Event Description: One Step Kids' Garden Program

I acknowledge and assume all risks associated with the Event, including, without limitation, cuts, burns, food poisoning, slipping and falling, any other personal injury, and equipment and facility conditions. I have read and fully understand this waiver and in consideration of the acceptance of my entry, for myself and anyone legally acting on my behalf, I waive and release Hy-Vee, Inc. and its subsidiaries and affiliates, and their respective officers, directors, shareholders, members, managers, employees and agents, and their respective successors and assigns, from any and all claims, liabilities or causes of action, including without limitation, death, bodily injury, property damage, or any other loss, damage or inconvenience whatsoever, arising from my participation in the Event.

Further,

☐ I grant full permission

☐ I deny permission

to use my child's name, photograph, likeness, biography, voice and/or video for advertising and promotional purposes, including, but not limited to, online and on-air announcements, weekly circular ads, signage, posters, television, magazine articles, websites, social media sites (including, but not limited to, Facebook and Twitter), and any other publication(s) at Hy-Vee's sole discretion, worldwide and without limitation, and without additional compensation or consideration, except where prohibited by law.

Print Name of Child: _____

Parent or Guardian's signature required if Participant is under 18 years of age:

Parent or Guardian Signature: _____

Parent or Guardian Name: _____

Age of Child: _____

Date: _____

Email: _____

Emergency Contact Name: _____

Emergency Contact Telephone Number: _____